

The logo for BrainThrive, featuring the word "brainthrive" in a lowercase, sans-serif font. The "brain" is in white and "thrive" is in yellow. The text is set against a background of a woman's face and a city street scene, all enclosed within a yellow rounded rectangular frame.

BrainThrive Coaching & Consulting Rates

Personalized brain coaching + organizational wellness support for individuals, churches, schools, and business teams.

You can change your brain

One-On-One Coaching

Discovery Call

Free

- A 15-minute consultation to explore your needs and goals.

6-8 Week Coaching Package

\$1,100-\$1,275

- Includes weekly 1-hour sessions + personalized brain health assessment.

Initial Assessment Only

\$250

- A full brain health profile with strategy recommendations.

Military & First Responders

20% Off

Organizational Coaching & Workshops

Lunch & Learn

Free

- A 30-minute intro to brain health and wellness (great for team morale!).

One-Hour Presentation

\$500

- Interactive, brain-based training for groups or events.

6-Week Brain Health Course

\$2,500

- Includes up to 10 participants. \$150 per additional participant

Custom sessions and pricing can be tailored to your team's needs.

Why Choose BrainThrive?

Imagine you and your team improving memory, sharpening focus, boosting mood, strengthening communication, enhancing executive function, regulating emotions, and finally achieving the goals that matter most.

- ✓ Workplace wellness
- ✓ Church small groups
- ✓ Schools & classrooms
- ✓ Support groups & leadership teams

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